Massage Therapy



CHINESE MASSAGE THERAPY AND FOOT REFLEXOLOGY NOW AVAILABLE AT BEST ENJOY

ENOUGH WORK AND TIME TO UNWIND AND RELAX. COME TO BEST ENJOY HEALTH CARE CENTER AND ENJOY WHAT WE OFFER.

Foot Reflexology: The sole of the foot has thousands of nerve endings and many acupressure points which are connected to vital organs of the body. Reflexology is the natural massage practice to relieve pain, tension, and increase relaxation in the body through stimulating the reflex areas on the foot. This treatment helps people who have diabetes, high blood pressure, poor circulation and sleep quality. Reflexology has also shown effective results with migraines, back pain, hormonal imbalance, digestive problems, and stress related conditions.

Swedish Relaxation Massage : Relieve tension and stress, increase circulation, lower blood pressure, rejuvenate the body. Ideal for relaxation.

Chinese Tuina: Tuina is a special Chinese massage treatment that follows the principles of Chi (energy) to bring the body to balance. The treatment is most suitable for deep pressure massage, especially on the neck, shoulder and back.

Pregnancy Massage: Rejuvenates both the mother's body and the fetus with special baby-safe technique to alleviate common areas of discomfort. Ideal for expecting mothers.

Essential Facial： The deluxe facial treatment includes deep face cleansing with suction tube to remove oil, dirt, sweat and impurities; Exfoliation to remove dead skin cells; And reduce acne inflammation and stimulate collagen growth under the skin.



Welcome to schedule an appointment or walk in !
Contact us: 519-279-6331
Call us today to get more information

Best Enjoy Health Care Center

Location: 2922 King Street East , Kitchener
N2A 1A8
(Weber & King ,opposite Canadian Tire gas station, on the second floor)

Best Enjoy Health Care Center

We Accept A Variety Of Insurance Benefit And Gift Card

We Have Discount Program	Now	Regular Rate
60 min. Relaxation Massage	$60	$70
90 min Relaxation Massage	$80	$90
120 min Relaxation Massage	$100	$120
45 min Foot Reflexology	$40	$50
60 min Facial	$60	$80

Talk To Our Therapists And
Save $$ On Our Monthly
Massage Package
5*(60min) body massage $275 (55/ea)
5*(45min)foot reflexology $175(35/ea)



Combo Discount

60 mins relaxation massage and 30 mins foot reflexology	$75	$90
60 mins relaxation massage for couple (60mins for 2)	$100	$120
60 mins relaxation massage and 30 mins facial	$75	$100

Massage Packages

$ 10 OFF

60-MIN BODY MASSAGE OR 45-MIN FOOT REFLEXOLOGY

EXPIRES AUG 31/2014